



# Junior High Intramurals

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### Four (4) Seasons of Sports Calendar

Date	Boys Activity	Girls Activity
<b>Season #1</b>		
Aug. 21 - Oct. 12	Flag Football, Tennis	Volleyball
Sept. 25 - Sept. 29	Practice for Tournament	Practice for Tournament
Oct. 2 - Oct. 12	District Tournament	District Tournament
<b>Season #2</b>		
Oct. 23 - Dec. 18	Basketball	Tennis, Soccer
Dec. 4 - Dec. 8	Practice for Tournament	Practice for Tournament
Dec. 11 - Dec. 18	District Tournament	District Tournament
<b>Season #3</b>		
Jan. 8 - Mar. 1	Cross Country	Cross Country
Feb 22 <sup>nd</sup>	District Cross Country Finals	Brookhurst Park
Jan. 8 - Mar. 1	Soccer	Basketball
Feb. 13 - Feb. 20	Practice for Tournament	Practice for Tournament
Feb. 21 - Mar. 1	District Tournament	District Tournament
<b>Season #4</b>		
Mar. 11 - May 8	Volleyball	Softball
April 22 - April 26	Practice for tournament	Practice tournament
April 29 - May 8	District Tournament	District Tournament
Mar. 11 - May 8	Track	Track
May 2 <sup>nd</sup>	District Track Finals	Handel Stadium

Two Forms are needed:

1. Liability Forms are now online!

You only need to fill this out ONCE for the 2023-2024 school year!



2. This [assumption of risk](#) form needs to be filled out for each quarter of sport. Please fill out and leave in the basket in front of room 401. There will also be copies available in front of room 401.

